

SEPTEMBER 2016



# SYDNEY MATTERS SENIORS POLICY FOR THE CITY OF SYDNEY

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### GOALS FOR SENIOR POLICY IN THE CITY OF SYDNEY

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| 1 | Help seniors remain independent, healthy and active as they age.   |
| 2 | Work to ensure that the City of Sydney becomes part of the World Health Organization (WHO) Global Network of Age-friendly Cities and Communities (GNAFCC) Network.   |
| 3 | Support employment opportunities for over 55s including the development of Seniorpreneur programs and workshops.   |
| 4 | Develop planning policies and the provision of building requirements that meets the needs of seniors.  |
| 5 | Engaging and working with seniors, the community, social groups and employers to ensure that the aging population has every chance to be actively involved in the community and/or workforce if they wish. |
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### THE CURRENT SITUATION

The City of Sydney has a growing and diverse aged population. By 2026 the LGA is forecast to see a 71.7 per cent increase in the population of retirement age (65 and older), rising by 10,452 from 14,577 in 2011 to 25,029 in 2026. As a result, the needs and services required and expected by seniors is expected to grow significantly.

The Sydney Matters Independent Team has a clear and innovative proposals that build on the current City of Sydney's proposed 10-year action plan for aged services and facilities. In particular we will review planning provisions to accommodate the aging population and work with governments, businesses and employers to provide opportunities to over 60s.

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### QUESTIONS AND CHALLENGES FOR POLICY MAKERS AND THE CITY OF SYDNEY

The aging population in The City of Sydney brings to light many fundamental questions and challenges for policy makers and the council, most notably:

1. How do we help seniors remain independent, healthy and active as they age?
2. How do we acknowledge and support the significant role that people play as they age in caring for others?
3. What services can we provide to seniors which add value to their lives and strengthen their bond with the community?
4. How can we work with the community, aged care providers, state and federal governments to ensure seniors are well taken care of, that their needs are met and they are treated with kindness and respect?

## POPULATION AGE AND STRUCTURE 2011 – 2036

<i>City of Sydney - Total persons</i>	2011		2026		2036		<i>Change between 2011 and 2036</i>
<b>Age group (years)</b>	<b>Number</b>	<b>%</b>	<b>Number</b>	<b>%</b>	<b>Number</b>	<b>%</b>	<b>Number</b>
<i>0 to 4</i>	6,534	3.6	10,833	4.2	11,692	4.2	5,158
<i>5 to 9</i>	3,512	1.9	6,370	2.5	7,044	2.5	3,532
<i>10 to 14</i>	2,918	1.6	4,521	1.8	5,243	1.9	2,325
<i>15 to 19</i>	6,442	3.5	8,641	3.4	9,510	3.4	3,068
<i>20 to 24</i>	23,583	12.9	25,786	10.1	27,026	9.6	3,443
<i>25 to 29</i>	33,225	18.1	41,708	16.3	43,415	15.5	10,190
<i>30 to 34</i>	26,530	14.5	41,120	16.1	42,742	15.2	16,212
<i>35 to 39</i>	17,806	9.7	28,635	11.2	30,163	10.7	12,357
<i>40 to 44</i>	13,003	7.1	18,677	7.3	21,097	7.5	8,093
<i>45 to 49</i>	10,599	5.8	12,914	5.0	16,565	5.9	5,966
<i>50 to 54</i>	9,355	5.1	11,227	4.4	14,103	5.0	4,748
<i>55 to 59</i>	8,177	4.5	10,563	4.1	11,768	4.2	3,591
<i>60 to 64</i>	7,233	3.9	10,007	3.9	10,883	3.9	3,650
<i>65 to 69</i>	5,126	2.8	8,700	3.4	9,799	3.5	4,673
<i>70 to 74</i>	3,557	1.9	6,623	2.6	7,822	2.8	4,265
<i>75 to 79</i>	2,588	1.4	4,727	1.8	5,887	2.1	3,299
<i>80 to 84</i>	1,796	1.0	2,868	1.1	3,799	1.4	2,003
<i>85 and over</i>	1,510	0.8	2,111	0.8	2,409	0.9	898
<b>Total persons</b>	<b>183,494</b>	<b>100.0</b>	<b>256,031</b>	<b>100.0</b>	<b>280,964</b>	<b>100.0</b>	<b>97,470</b>

(Source: <http://forecast.id.com.au/sydney/population-age-structure>)

## OUR INNOVATIVE ACTION PLAN FOR SENIORS IN THE CITY OF SYDNEY

The Sydney Matters Independent Team has an innovative action plan for Seniors in The City of Sydney, our plan revolves around 6 key areas:

1. Active Ageing
  - Optimise opportunities for health, participation and security.
2. Support Services
  - Work with seniors and aged care providers to understand what services are needed and which services need to be expanded.
3. Easy Transport
  - Develop a campaign to raise awareness regarding public etiquette and seniors particularly in areas with high foot traffic.
4. Community Engagement

- Offer opportunities for seniors to give and run workshops in areas of their expertise to interested parties.
  - Start a 'My Life' series/compilation wherein seniors can write, record, draw, act or express in any way or form the stories of their lives. These will be posted online and put up in libraries/galleries around The City of Sydney. These stories can be compiled into a large and extensive database which can be used for a variety of reasons.
5. Empowerment and Employment
- Work with state and federal governments to develop policies and incentives which will make seniors more attractive to employers and businesses and continue to work if they wish.
  - Establish regular 'seniorpreneurs' workshops to assist over 55s to launch a business or undertake activities to supplement retirement, or to stay involved in the workplace.
6. Accommodating Housing
- Review development planning to accommodate the needs of seniors related to the design of new properties.

The Sydney Matters Independent Team will work to ensure that the City of Sydney becomes part of the World Health Organization (WHO) Global Network of Age-friendly Cities and Communities (GNAFCC) Network.